

**Think of rests** as a way of notating silence in measured real time. For instance if you want one beat of silence, you write a quarter note rest..



Here is a list of all the notes and their rests for you to memorize.

NOTE VALUE NAME	WRITTEN AS	EQUIVALENT REST
1) Whole Note	A musical staff with a treble clef. The first measure contains a whole note on the second line.	A musical staff with a treble clef. The first measure contains a whole note rest, represented by a horizontal line.
2) Half Note	A musical staff with a treble clef. The first measure contains two half notes: one on the second line and one on the second space.	A musical staff with a treble clef. The first measure contains a half note rest, represented by a horizontal line.
3) Quarter Note	A musical staff with a treble clef. The first measure contains a quarter note on the second line.	A musical staff with a treble clef. The first measure contains a quarter note rest, represented by a vertical line with a flag.
4) 8th Note	A musical staff with a treble clef. The first measure contains two eighth notes: one on the second line and one on the second space.	A musical staff with a treble clef. The first measure contains an eighth note rest, represented by a vertical line with a flag.
5) 16th Note	A musical staff with a treble clef. The first measure contains four 16th notes: one on the second line, one on the second space, one on the second line, and one on the second space.	A musical staff with a treble clef. The first measure contains a 16th note rest, represented by a vertical line with a flag.
6) 32nd Note	A musical staff with a treble clef. The first measure contains eight 32nd notes: one on the second line, one on the second space, one on the second line, one on the second space, one on the second line, one on the second space, one on the second line, and one on the second space.	A musical staff with a treble clef. The first measure contains a 32nd note rest, represented by a vertical line with a flag.